

I am already registered with Darlington Carers Support or Durham County Carers Support. YES NO

I am not registered but would like to know more.

We would still recommend that you contact the GP Surgery of the person you care for to request access to their records.



To do it online - scan the QR code or click [HERE](#)

Durham County Carers Support

Tel: 0300 005 1213

Email: admin@dccarers.org



Your local charity supporting Carers

Durham County Carers Support is registered in England as a Charity and company Limited by Guarantee
Registered Charity Number. 1069278 Registered Company No. 3534933



Darlington Carers Support

Tel: 0300 030 1215

Email: admin@darlingtoncarers.org

Does your GP know you look after someone who has an illness or is disabled?



Scan this QR code or click [HERE](#) to join the GP Carers' Register now

Your local charity supporting Carers

Durham County Carers Support

Tel: 0300 005 1213

Email: admin@dccarers.org

www.dccarers.org

Darlington Carers Support

Tel: 0300 0301215

Email: admin@darlingtoncarers.org

Being a Carer can often affect your own health.

By letting your GP surgery know that you are caring for someone could help your GP offer you better support.

By using this form your practice can mark your records to indicate you are looking after someone who cannot manage without your help.

This will enable your GP practice staff to see instantly that you might need extra support and advice. In addition, if the person you care for is able to give their consent their records can be linked to yours as their Carer.

Contact Durham County Carers Support and Darlington Carers Support for help with...

- Specialist advice and information
- Home visits offering one to one support
- Practical help with completing forms, gaining benefits, grants, other funding and more



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www.dccarers.org

Funded by:



If you are already registered with Darlington or Durham County Carers Support we may have already advised your GP you are a Carer, but to enable your surgery to update their records you will need to join the register, you can do this [HERE](#), click on the QR Code on this leaflet or complete this form and return it to Freepost RUGZ-GUYX-BZYA, The Old Methodist Church, Durham Street, Middlestone Moor, Spennymoor, DL16 7AT as soon as possible and we will ensure your records are updated.



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About me

Name

Address

Postcode

Telephone Number

Date of Birth

GP SURGERY

Name of GP

I hereby consent for my details to be added to your Practice Carers Register.

Signed

Date

